

# Hey Cowgirl

Choregraphie: Jan Brookfield

Description : 32 temps, 4 murs, Débutant, Janvier 2020

Musique : « Hey Cowgirl » by Randall King,



**Hinweis:** To keep the dance easy, a decision was made to avoid possible restarts as it works fine without.  
Music slows down slightly near the end, but just keep on dancing!

**Start dance on vocals.**

## **SIDE, CLOSE; SIDE, CLOSE, FORWARD; SIDE, CLOSE; SIDE, CLOSE, BACK**

- 1 – 2 Step R to right side, close L to R;
- 3 & 4 step R to right side, close L to R, step R forward
- 5 – 6 Step L to left side, close R to
- 7 & 8 step L to left side, close R to L, step L back

## **ROCK BACK, RECOVER, 1/2 TURN SHUFFLE; ROCK BACK, RECOVER, SHUFFLE FORWARD**

- 1 – 2 Rock R back, recover onto L
- 3 & 4 half turn shuffle over left shoulder stepping R,L,R
- 5 – 6 Rock L back, recover onto R
- 7 & 8 shuffle forward on L,R,L (facing 6 o'clock)

## **STEP FORWARD, TAP, SHUFFLE BACK; STEP BACK, TAP, SHUFFLE FORWARD**

- 1 – 2 Step R forward, tap L just behind R
- 3 & 4 shuffle back on L,R,L
- 5 – 6 Step R back, tap L just in front of R
- 7 & 8 shuffle forward on L,R,L

## **SWAY x 2, CHASSE ¼ RIGHT; SHUFFLE ½ TURN RIGHT, ROCK BACK, RECOVER**

- 1 – 2 Step R to right side swaying hip to right, recover weight onto L swaying hip to left
- 3 & 4 Chasse quarter turn right : Step R to side, close L to R, step R forward (9 o'clock)
- 5 & 6 Shuffle half turn right over right shoulder on L,R,L (3 o'clock)
- 7 – 8 Rock R back, recover weight onto L

**KEEP IT GOING!**